



POST CARE INSTRUCTIONS

- Healing will take between 7-10 days
- Skin will be extremely scabby while it is healing
- DO NOT pick or remove ANY of the scabbing on the treated area (picking=scarring)
- Keep the treated area clean, dry and open to the air
- Do not cover to ensure a faster healing time
- Only touch area with cleans hands, try not to touch the area
- Wipe over the area with saline 3-4 times a day using a clean cotton pad or gauze
- DO NOT ICE the treated area
- Keep area dry and do not soak area in water
- You can shower as normal, keep area away from direct shower spray, do not let area stay wet longer than a few minutes
- Pat area softly dry in a blotting motion, do not rub back and forth
- No hot showers, hot tubs, pools, salt or saline
- It is critical to keep the scabs on as long as possible to achieve optimum results
- LIPS: Avoid abrasive items like straws and cup lids while healing. Be mindful of facial expressions so you don't create cracks in scabs, NO STRETCHING your lips wide
- ONCE HEALED/SCABS GONE you can apply some Vitamin E Oil throughout the day for at least 4 weeks, or until the next session
- The area can stay pink or discolored for several weeks, which is totally normal for fresh healing skin.
- Sometimes there may be clients where the skin may always be slightly discolored
- The lifting process takes course over several weeks, and results are not instant
- Be patient this is a process