



## PEEL CONSENT

Skin Studio's peels range from very superficial, designed to improve the texture and appearance of your skin.

### PATIENTS WHO SHOULD NOT BE TREATED

- Patients with active cold sores or warts, skin with open wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosacea in the area to be treated. Inform the esthetician if you have any history of herpes simplex
- Patients with a history of allergies (especially allergies to salicylates like aspirin), rashes, or other skin reactions, or those who may be sensitive to any of the components in this treatment
- Patients who have taken Accutane® within the past year
- Patients who are pregnant or breastfeeding (lactating)
- Patients who have received chemotherapy or radiation therapy
- Patients with vitiligo
- Patients with a history of an autoimmune disease (such as rheumatoid arthritis, psoriasis, lupus, multiple sclerosis, etc.) or any condition that may weaken their immune system

**Note:** Patients who have had medical cosmetic facial treatments or procedures (e.g. laser therapy, surgical procedures, cosmetic filler, microdermabrasion, etc) should wait until skin sensitivity completely resolves before receiving a Glycolic/Salicylic/TCA or Jessner's peel.

### ONE WEEK BEFORE YOUR SKINMEDICA PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

- Electrolysis
- Waxing
- Depilatory Creams
- Laser Hair Removal

- Patients who have had BOTOX® injections should wait until the full effect of their treatment is seen before receiving a peel.

### ONE WEEK BEFORE YOUR SKINMEDICA PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

Retin-A®, Renova®, Differin®, Tazorac®

- Any products containing retinol, alpha -hydroxy acid (AHA) or beta-hydroxy acid (BHA), or benzoyl peroxide
- Any exfoliating products that may be drying or irritating

**Note:** The use of these products/treatments prior to your peel may increase skin sensitivity and cause a stronger reaction.

## ADVERSE EXPERIENCES THAT MAY OCCUR AFTER PEEL

It is common and expected that your skin will be red, possibly itchy and/or irritated. It is also possible that other adverse experiences (side effects) may occur. Although rare, the following adverse experiences have been reported by patients after having a Skin Studio Okc Peel: skin breakout or acne, rash, swelling, and burning.

**Call the office immediately if you have any unexpected problems after the procedure. 405-202-4427**

For Glycolic/Salicylic/TCA/Jessners: Although most people experience peeling of their facial skin, not every patient notices that their skin peels after a procedure. Lack of peeling is **NOT** an indication that the peel was unsuccessful. If you do not notice actual peeling, please know that you are still receiving all the benefits of the Glycolic/Salicylic, such as: stimulation of collagen production, improvement of skin tone and texture, and diminishment of fine lines and pigmentation.

There are a number of reasons why a patient may not have peeling or may experience minimum peeling. The reasons may include:

- Frequent use of Retin-A, AHA, or other peeling agents prior to the Glycolic/Salicylic peel treatment
- Severe sun damage

Proper skin evaluation by your skin care professional prior to your peel is important and will help predict the outcome of your peel.

**Please read and initial the following:**

\_\_\_\_ I do not have any of the conditions described in the "Patients Who Should Not Be Treated" section.

\_\_\_\_ I understand that the actual degree of improvement cannot be predicted or guaranteed.

\_\_\_\_ I understand that I may need several of these peels to achieve optimal results. \_\_\_\_ I understand that for optimum results the post-peel instructions must be followed utilizing skin care products recommended by Dr. Michael Kirk or Tonya Cameron RN CMP.

By my signature below, I acknowledge that I have read this consent form and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with this Glycolic/Salicylic/TCA/Jessner's Peel.

Patient Signature \_\_\_\_\_

Print Patient Name \_\_\_\_\_

Date \_\_\_\_\_

## ADVERSE EXPERIENCES THAT MAY OCCUR AFTER PEEL

It is crucial to the health of your skin and the success of your peel that these guidelines be followed:

1. It is imperative to use a sunscreen with an SPF of at least 40 (Tizo3 spf 40) and avoid direct sunlight for at least 1 week.
2. Patients with hypersensitivity to the sun should take extra precautions to guard against exposure immediately following the procedure as they may be more sensitive following the peel.
3. Because of the superficial nature of this peel, patients should not expect to see visible peeling. Occasionally, some patients may have very minor flaking 3-4 days after the procedure.
4. Skin may appear slightly redder than usual for about 1-2 hours after the treatment. If neck and décolletage are treated, the redness might last slightly longer.
5. Skin should look normal the next day.
6. When washing the face, do not scrub and do not use a washcloth. Use a soap-free cleanser such as SkinMedica Facial Cleanser or Sensitive Skin Cleanser.

8. The regular use of Retin-A, alpha hydroxy acid (AHA) products or bleaching creams can be resumed after 4-5 days.  
9. Wait until flaking or mild peeling completely subside before having ANY OTHER FACIAL PROCEDURES, including:

- Facials
- Microdermabrasion
- Laser treatments (including laser hair removal)
- Facial hair removal
- BOTOX injections
- Injectable fillers

## **POST PEEL INSTRUCTIONS**

Recommended Skin Studio Okc Products for Post-Peel Care:

- Facial Cleanser
- Sensitive Skin Cleanser
- TNS Ceramide Treatment Cream
- Ultra Sheer Moisturizer
- TNS Recovery Complex
- Tizo3 Sunscreen SPF 40+

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