



## LIP BLUSH

### **PURCHASE SUPPLY LIST:**

- Aquaphor Lip Repair
- Bacitracin
- A & D Ointment (yellow balm)
- Q-Tips
- Straws
- Non-white gel toothpaste (Kids)
- Arnica Montana tablets
- Medications

### **PRETREATMENT INSTRUCTIONS:**

Starting one week prior to tattoo application:

- Exfoliate lips lightly at night then apply Aquaphor lip repair
- 3 days before tattoo application begin taking your Arnica Montana as directed
- 3 Days before procedure begin taking your Acyclovir/Medrol dose pack as directed
- No tanning face 2 weeks prior to tattoo application
- Extremely dry or chapped lips cannot be tattooed (you will be rescheduled)

### **POST CARE INSTRUCTIONS:**

- Apply ice pack to lips over a very damp paper towel
- Do NOT allow paper towel to dry on your lips (it will pull out your pigment)
- Ice aids in decreasing swelling if used the first 24-48 hrs
- Apply bacitracin ointment w/ a fresh Q-tip ONLY.
- Use a STRAW in the outer corner of your mouth to drink
- No food or drink is to touch your lips during the healing process
- After day 4 switch to A&D ointment until lips feel less dry
- Continue taking your medications until prescription is finished
- No water on or over lips, no washing lips, no swimming, no hot tubs or soaking in hot bath.
- Do not apply makeup on lips until scabs are completely gone and area is completely healed.
- No picking, scratching, rubbing or peeling of skin or scabs.
- Stay out of the wind/sun, no yard work or dirt or dust exposure. No physical labor for 7 days.
- No working out until lips are completely healed (sweat is an acid-removes pigment) 4-7 days.
- When lips are first peeled they will seem highly pigmented.

- They will lighten in the first couple of weeks.
- Remember the sun, wind burn and skin resurfacing (RetinA, Tretinoin, AHA & BHA) products will fade your PMU.
- Your touch up can be scheduled no sooner than 8 weeks after first application.
- Your touch up **MUST** be scheduled & completed **NO LATER** than 90 days after first application.
- If you fail to schedule your 2nd application & pass your 90 day mark there will be additional fees.
- You can expect your PMU to last 18-24 months.

**Please contact me with any questions or concerns and thank you for choosing Skin Studio OKC for your PMU.**

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