



PMU SCALP

Pre-Treatment Instructions:

- No sun exposure for 2 weeks prior to tattoo work
- Let scalp breathe for 7 days if wearing hats or hair piece.
- 7 days before tattoo wash & moisturize scalp daily at bedtime.

Day of procedure:

- Wash scalp, remove any hair fibers, gel, moisturizers or thickening sprays.
- Shave head with clippers, shaver or a razor.
- Do not work out before tattoo appointment.

Post-Care Instructions:

Protect the scalp! Be gentle!

First week rules:

- Daily hand wash scalp w/ supplied cotton cleansing pads. 3-5Xday. Pat wash/dry.
- No showering, shaving or moisturizing the scalp for 7 days. (Be careful washing face)
- Use your supplied barrier cream.
- No excess sweating or working out.
- No sun, sauna, steam room or heat exposure.
- No hot baths, hot tubs or swimming pools. (2 weeks)

What to expect:

- The tattoo work will appear bold & dark for a week.
- Post tattoo skin can be red in color (24 hrs) and feel as if you have a sunburn.
- Scabbing & Flaking may be present.
- DO NOT pick or scratch your scabs or scalp.
- Allow scabs to fall off naturally.
- Healing takes anywhere from 6-8 weeks for total healing.
- Your tattoo color will lighten and soften.
- As scabs fall off & you will notice scalp tissue is shiny and tattoo seems to fade.
- Color will reappear in a lighter shade than the initial bold color as skin regenerates.

DO NOT LIST:

- DO NOT pick or scratch your scabs or scalp.
- DO NOT apply makeup to tattooed area for first 2 weeks.
- DO NOT use Vaseline, Neosporin or any other petroleum based products while healing.
- Do NOT bleach or dye tattooed area for one month post application.
- DO NOT apply anti-acne, skin resurfacing products, bleaching creams or anti-aging products.
 - Benzoyl Peroxide
 - Salicylic Acid
 - Proactive
 - Hydroquinone
 - Alpha Hydroxy
 - Retin-A
 - Lactic or Glycolic acids.
- DO NOT exercise or excessively sweat for one week post application.

Post Healing:

- Protect from sun. Apply sunblock 40-50 block repeatedly when exposed.
- Avoid lasers, glycolic acids, chemical peels or any skin resurfacing agents to scalp tattoo.
- Touch up will need to be scheduled no sooner than 60 days and no later than 90 days.
- Additional fees will apply after 90 day mark if not scheduled.
- Minimum of 3 applications is needed for best results.
- Clients usually return 2-5 years after initial treatment for touch up.
- Touch ups after first year \$250-\$450.

Enjoy your new hairline!

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